

NAME	
CLASS	
ROLL NO	



Dear Parents, Greetings!

Holidays are special breaks from our everyday schedules, and we all eagerly await them. Finally, the much- awaited summer vacations are here! The hot, windy days of April and May make us all excited for this long break, a time to relax and have fun.

t's a great time for you to cherish the little joys of your child. It's important to limit screen time and supervise the channels your child watches. Provide valuable guidance and spend quality time with them. Make these holidays memorable by creating a nurturing and stimulating environment at home that is full of fun, excitement, and learning. Here are a few suggestions for parents:

- Engage in meaningful conversations every day.
- Read a variety of storybooks.
- Assign small household responsibilities to help them become independent.
- Teach them the importance of moral values in their lives.
- Participate in various indoor games with them.

While it's crucial to take breaks and have fun, it's equally important to keep learning. Find a balance between work and play, and let your child grow along the way.

The objective of holiday homework is to empower our students to work independently and enhance their academic abilities. Please take note:

- Prepare a systematic timetable and follow it religiously from the very first day.
- Allow them to complete their homework on their own under your guidance.
- Remember to capture the fun moments while engaging in the given activities and paste the corresponding pictures in your album!.
- Encourage them to dedicate some time each day to writing one page of English in a separate noteboo to enhance their handwriting skills.
- Encourage them to choose two new words from their daily conversations and write them down in the notebook.

r Sounds		C
Letter	Sound	Examples
A	/ae/	apple
В	/b/	ball
с	/k/	cat
D	/d/	dog
E	121	elephant
F	/f/	fish
G	/g/	goat
н	/h/	hat
I	/1/	igloo
J	/dʒ/	jug
к	/k/	kite
L	/1/	lion
м	/m/	monkey
N	/n/	nest
0	/a/	orange
Р	/p/	penguin
Q	/kw/	queen
R	/r/	rabbit
S	/s/	sun
т	/t/	turtle
U	IN/	umbrella
v	/v/	van
w	/w/	watermelo
x	/ks/	box
Y	/j/	yellow
z	/z/	zebra

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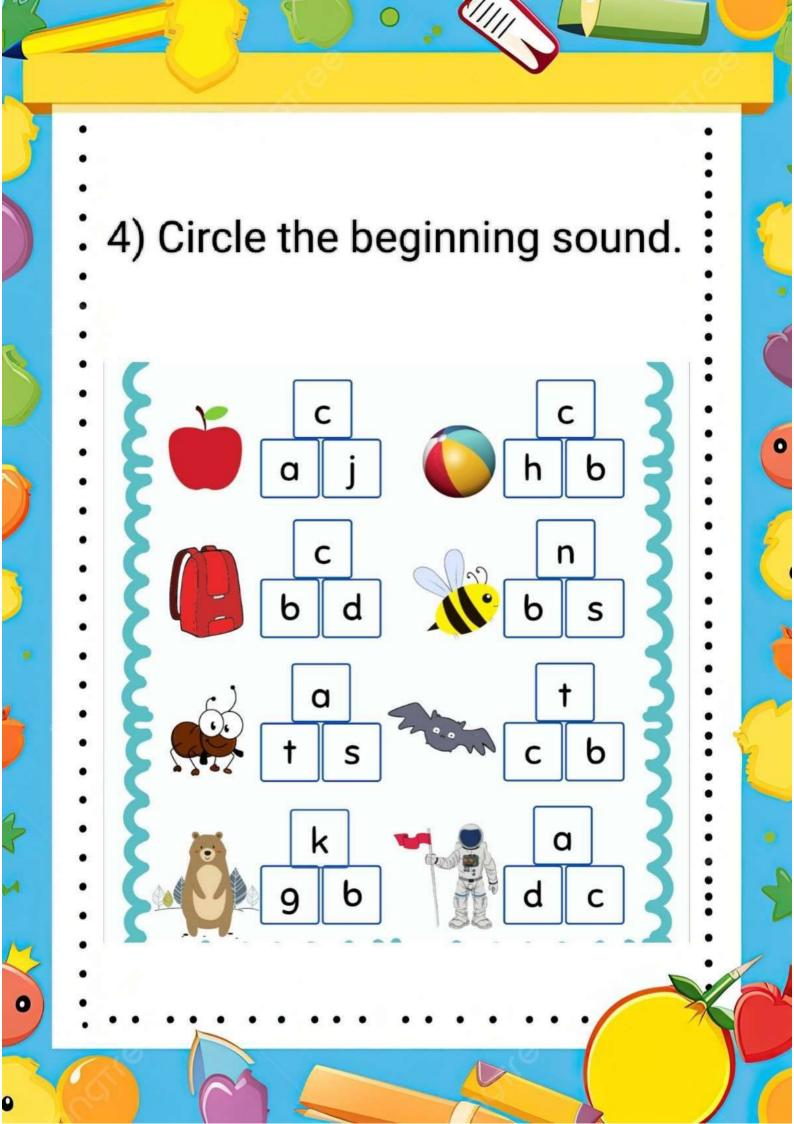
: • 1) Write Aa to Zz Alphabets.	
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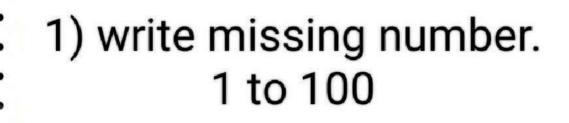
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: 2) Re	- write the c	ursive writi	ing.
a		Cc	
• Dd	&	Ff	•
. Lg	~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~		
Ĵj	Kk	<i>Ll</i>	• •
• Mm	Nn	Oo	:
· Pp	2g	<i>Rr</i>	:
• Ss	<i>Tt</i>	Uu	
• Vre	Uluo	Xx	:
· Yy			
	• • • • • • •	/	

CIII







1	2		4		6		8		10
	12	13		15		17		19	
21		23	24		26		28	29	30
	32		34	35			38		
41		43		45		47			50
	52		54		56		58		60
61		63		65	66		68	69	
	72				76	77	78		80
81		83	84	85		87			
	92		94		96		98	99	100

CVC Worksheet with vowel 'a'





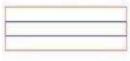




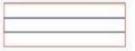












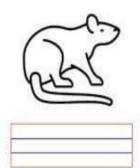








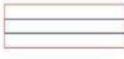


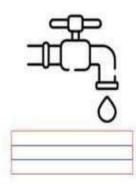


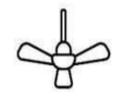












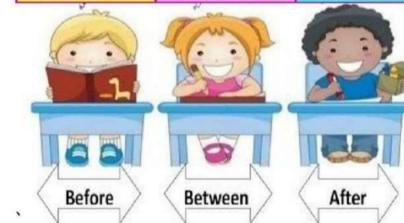






4) Put in the number which comes before, between or after.

Before	Between	After
29	33 35	17
18	57	30
36	21 23	9
7	12 14	25
25	19 21	11
31	37 39	39
1	7 9	3
23	26 28	29



(11) 1) छूटे हुए वर्णों को लिखिए । आ 0 र ए औ :) 0 0

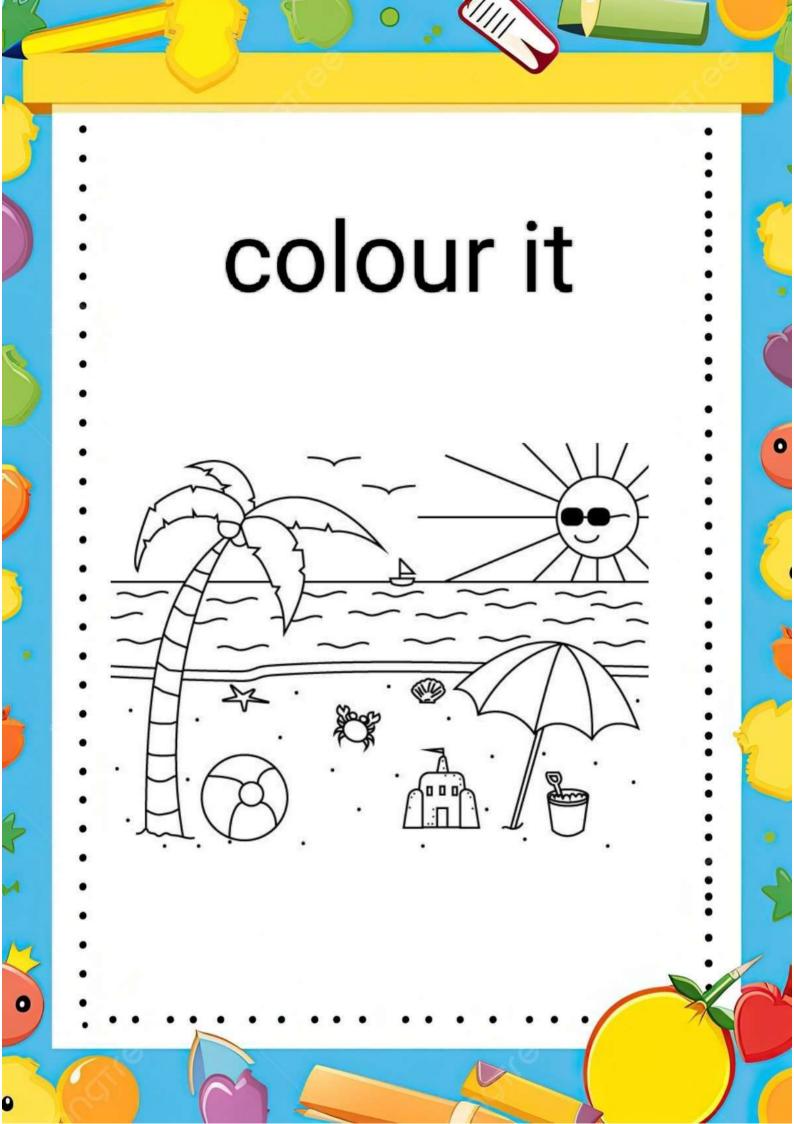
		2
	: 2) खाली स्थान में सही अक्षर लिखे।	
5	• • • क ज ज ड	
	· छ झ = · ट ड ड ण	
)	• • • • • •	
) }	।	
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My self	
	2
*My name is	
*I am(boy/ girl)	
*I am a years old.	
*I study in class	E
*My school name is	-





ACTIVITY CORNER

Activity -1

- **1.** Remember to do these things every day to help your parents and grandparents:
- Help your mother to set up the dining table before lunch and dinner.
- Remember to wear your apron while doing your activities and use mat while eating. Fold the apron and mat after its use.
- Help your parents by watering the plants in your garden or terrace.
- Ensure to keep your Toys in their place after playing.
- You can help your grandparents in small age appropriate things like bringing them water, helping them in their medicines, bringing them their eye glasses etc.
- **2.** Activity 2 :

YOGA DAY (21st June):

"A healthy mind resides in a healthy body"

1- Tree Pose-

Steps to Perform Tree Pose: Starting Position:

- a- Stand tall with your feet together and arms at your sides.
- b- Bring your hands together in front of your chest in a prayer position.
- C- Focus on a fixed point in front of you to help maintain balance.
- d- Raise Your Arms overhead, keeping your palms together or shoulder-width apart. e- Hold the Pose and count till 10.
- f- Breathe in and out through your nose.
- g- To release, slowly lower your arms and return your right foot to the floor.



2- Sukhasan-

a- Sit on your yoga mat with legs crossed as shown in the picture.Put your arms on your thighs.

b- Now breathe in and out through your nostrils.

You are advised to practice yoga poses daily for healthy lifestyle at home during summer vacation, ask your parents to click the picture and make your own album by pasting these pictures with the help of your parents.

3- <u>Cobra Pose-</u> Steps to Perform COBRA Pose:

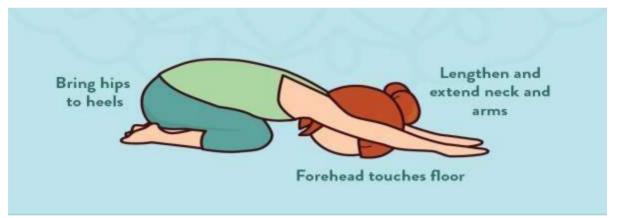




Starting Position:

- 1. Lie on your tummy with legs stretched out behind you as shown.
- 2. Place your palms beside your shoulders on the ground.
- 3. Join the legs together, tightening them imagining they are together as one.
- 4. Inhale deeply. Press into your palms and begin to lift your upper body. Gently lift your head, chest, and shoulders off the ground.
- 5. Tighten the abs, buttocks and thighs.
- 6. Look up to the ceiling and then straight ahead. Make sure your neck and arms remain straight.
- 7. Take a few deep breaths and stay in the pose. Hiss like a cobra!
- 8. Come back slowly to your normal position: Head down, relax your legs and arms.
- 4- Child Pose:

Mantra:' I am connected'



Starting Position:

- 1. Sit on your thighs. Stretch your hands touching the ground/mat.
- 2. From your hands and knees, press your hips toward your heels.
- 3. Stretch your arms and heart forward and down into the ground while you keep your hips back and down toward your feet.
- 4. Breathe deeply and relax.
- 5. If it feels safe, close your eyes and let your face relax.
- 6. Try to breathe slowly in and out, allowing your lungs to expand and contract.
- 7. When you feel done, come straight and relax..

Practice yoga poses daily with your ward for healthy lifestyle at home during summer vacation.

Click the pictures or ask someone to take your pictures.

Make your own album by pasting these pictures with the help of your parents.

Activity 3. Paper Tie

Father's Day Celebration (17 June) -

"The greatest gift I ever had, came from God. I call him dad. Help your ward in creating a paper tie for his/her father . It can be a pleasant surprise and fun craft activity. Here's a simple guide to make one:

Materials needed:

- Colored chart paper (preferably in your father's favorite color or pattern)
- Scissors
- Glue or double-sided tape
- Marker or pen (optional, for decoration)

Decorative material as per availability

Instructions:

- Start by choosing the color of paper you want to use for the tie. You can use a single color or mix and match different colors for a more vibrant look.
- Cut out a large rectangle from the paper for the main part of the tie. The size of the rectangle will depend on how big you want the tie to be. A typical size for a paper tie would be around 8-10 inches long and 4-6 inches wide.
- Next, cut out a smaller rectangle from a different colored paper for the knot of the tie. This rectangle should be slightly smaller than the main part of the tie, about 45 inches long and 2-3 inches wide.
- Fold the larger rectangle (main part of the tie) in half lengthwise to create a crease down the center. This will be the fold of the tie.
- Take the smaller rectangle (knot) and fold it in half lengthwise as well. Then, fold down the top corners to create a triangle shape at one end. This will resemble the knot of the tie.
- Open up both the main part of the tie and the knot. Apply glue or double-sided tape along the backside of the knot, then place it at the top of the main part of the tie, aligning the folded edges.
- Press down firmly to secure the knot in place. Allow the glue to dry completely.
- If desired, you can use a marker or pen to add decorative elements to the tie, such as stripes, polka dots, or a message for your father.
- Once the tie is complete, you can present it to your father as a thoughtful handmade gift. He'll surely appreciate the effort and love you put into making it!







